

Preschool Extended Day Schedule

12:30-12:45 Arrival, hand washing, greetings, story time/clean up, restroom break,

12:45-1:15 Prepare for lunch together/family style lunch enjoyed together

1:15-1:30 Clean up from lunch, prepare to go outside, small group time while we wait

1:30-2:00 Outdoor play

2:00- 2:20 Wash up/restroom break/Group Time

2:20-3:20 Quiet rest time, children can rest quietly on their mats (children are given books, puzzles, etc if after 20 minutes, they are not sleeping)

3:20-3:40 Clean up, restroom break, prepare for snack (children look at books)

3:40-3:50 snack together (some children depart for home)

3:50-4:00 Cleanup/restroom break/ wash hands

4:00-4:30 Book on CD or Music and Movement

4:30-5:00 Teacher directed small group activities (structured activities which promote learning skills in sensory, fine motor, cognitive, art, music and movement, language arts, science, math, etc.)

5:00 Departure, family meeting with teachers to relay the day's activities/children participate in small group play together